



The right care starts with the right advice

## Everyone is different

Everyone is different, needs vary from individual to individual, family to family. It isn't always easy to accept support and you may be surprised at how much help is available (some of it free) to avoid a crisis and support your independence.

Often it is with little time and no previous experience of the care and benefit system that you are looking for care and support for a loved one and it is important to consider all of the options, although if you are not sure what they are that is easier said than done.

Ask us for a FREE 'My Care Planner' booklet to help guide you through the care and benefit maze. If you are looking for care it is worth seeking advice to help save you time and maybe even money!

## Care Quality Commission

The Care Quality Commission website is also a useful resource as they are responsible for care standards and provide reports on their assessments of registered care providers. You can find them on [www.cqc.org.uk](http://www.cqc.org.uk)

# Choosing Care Care Advisor Network



## Request a Care Needs Assessment

The **Local Authority** can do an assessment of your care needs (FREE) and are often able to help with other services such as prevention and support services that could include help with the garden, getting a pendant alarm or an advocate who may be able to do things like organise a tradesman, write a letter or ring a utility company....

Request an assessment from your local authority  
[www.gov.uk/find-local-council](http://www.gov.uk/find-local-council)

## Request a Carers Assessment

This is different to a care needs assessment as it looks at what care and support is being provided, by who and what support they may need to enable them to continue. It is especially valuable if for any reason the carer isn't able to provide this whether temporarily for example a hospital stay or because you may need more help that they can manage.

Request a Carers Assessment from your local authority on [www.gov.uk/find-local-council](http://www.gov.uk/find-local-council)

## Relative Matters Ltd - Independent consultancy for later life

Chris Moon-Willems has over 30 years' experience of working for the NHS and Social Services within senior management roles and is a registered Social Worker. Having specialised in the care of older people early on in her professional training, she is now recognised as an expert voice on elderly care.



Chris also holds the Society of Later Life Advisors (SOLLA) care advice standard, having been one of the first people in the UK to achieve the award.

The SOLLA Care Advice Standard aims to ensure that people are able to find quality assured information and advice on choosing and paying for adult care quickly and easily. All advisers have satisfied the required criteria, giving peace of mind that the advice you are given is from those who have proven their specialist knowledge. Check out their website SOLLA Care

Chris has been interviewed several times on both national TV and radio, including the BBC.

A published author and regular public speaker, Chris is a Fellow of the Centre for Welfare Reform and both owner and founder of Relative Matters.

Contact us today to see how we can help you

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